



**Cave Spa Treatment Room**



**Spa Treatment Room**



# Menu

*Discover the true essence of balance and rejuvenation at the SPA at Visesa Ubud Resort, where every moment is dedicated to your ultimate well-being.*

## RECHARGE BACK MASSAGE

Experience our rejuvenating Neck and shoulder massage, designed to help you reclaim your vitality after a long and exhausting day. Our skilled therapists employ the art of acupressure to alleviate pain, release tension in your muscles, and target sore points, leaving you feeling refreshed and revitalized.

*Treatment: Foot Bath Ritual, Revitalizing Massage, and concluding with a refreshing serving of Herbal Tea*

**350K ++** per person  
30 minutes

## HEALING FOOT REFLEXOLOGY

Discover the ancient art of foot reflexology, where specific points on your feet correspond to different organs in your body. Experience the shooting relief of body pain, an enhanced mood, and improved sleep patterns through this therapeutic session.

*Treatment: Foot Bath Ritual, Foot Reflexology, and concluding with a refreshing serving of Herbal Tea*

**490K ++** per person  
60 minutes

## REJUVENATION FACIAL TREATMENT

Revel in the comprehensive facial treatment designed to unveil a refreshed and radiant complexion.

*Treatment: Face Cleansing, Face Scrub, Face Massage, Face Mask, Massage Nutri Toner, Moisturizer, and concluding with a refreshing serving of Herbal Tea*

**500K ++** per person  
60 minutes

## TROPICAL BALINESE MASSAGE

*Choose one of the Venue: Spa Treatment Room or Cave*

Experience the time-honored Balinese massage, passed down through generations. This exclusive treatment combines gentle stretching and targeted acupressure techniques to invigorate your body and improve blood circulation.

*Treatment: Foot Bath Ritual, Traditional Full Body Massage, and concluding with a refreshing serving of Herbal Tea*

**625K ++** per person  
60 minutes

**Open Hours:**  
Monday - Sunday | 9am - 9pm

**Website:**  
[www.visesaubud.com](http://www.visesaubud.com)

*\*Price is subject to government tax and service charge\**



## EXFOLIATING FULL BODY SCRUB

Choose one of the Venue: Spa Treatment Room or Cave

Experience the transformative effects of our Full Body Scrub, designed to eliminate dead skin cells and reveal irresistibly soft, smooth, and radiant skin. Choose from our selection of four scrubs: Rempah Wangi (Fragrant Spices), Bengkuang (Jicama), Coconut, or Green Tea tailored to your preferences.

Treatment: Foot Bath Ritual, Full Body Scrub, Shower, and concluding with a refreshing serving of Herbal Tea

**690K ++** per person  
60 minutes

## TULIP DEEP TISSUE MASSAGE

\*Choose one of the Venue: Spa Treatment Room or Cave

Indulge in a deeply invigorating traditional body massage, incorporating specialized movements using the backhand and elbow for an intense experience. This focused pressure technique stimulates blood flow and facilitates the release of toxins, leaving you feeling refreshed and revitalized.

Treatment: Foot Bath Ritual, Lomi-Lomi Massage, and concluding with a refreshing serving of Herbal Tea

**760K ++** per person  
90 minutes

## VISESA HONEYMOON JOURNEY

Embark on an enchanting journey with our harmonious blend of Balinese Massage and a full-body scrub. Begin your experience with a romantic Foot Bath Ritual and unwind together in a rejuvenating Flower Bath, creating memories that will last a lifetime.

Treatment: Foot Bath Ritual, Balinese Massage, Full Body Scrub, Flower Bath, and concluding with a refreshing serving of Herbal Tea

**2.100 M++** per couple  
120 minutes



## TRANQUILITY AROMATHERAPY MASSAGE

Choose one of the Venue: Spa Treatment Room or Cave

Immerse yourself in the harmonious blend of gentle stretches, targeted acupressure, and the soothing embrace of warm aromatherapy massage oil, carefully crafted to enhance blood circulation and revitalize your energy.

Treatment: Foot Bath Ritual, Aromatherapy Body Massage, and concluding with a refreshing serving of Herbal Tea

**710K ++** per person  
90 minutes

## VISESA SERENITY RETREAT

Immerse yourself in the perfect fusion of Balinese Massage and a Full Body Scrub, beginning with our rejuvenating Foot Bath Ritual and culminating in a rejuvenating Flower Bath for a truly refreshing experience.

Treatment: Foot Bath Ritual, Balinese Massage, Full Body Scrub, Flower Bath, and concluding with a refreshing serving of Herbal Tea

**1.200 M++** per person  
120 minutes

## VISESA INTIMATE EXPERIENCE

Experience the exclusive Visesa Intimate Experience, tailored for those celebrating life's cherished milestones and significant events. Indulge in a 150-minute escape, beginning with a tranquil Foot Bath Ritual and continuing with a rejuvenating Balinese Massage, lavish Body Exfoliation, and refreshing Traditional Facial, and culminating in a serene Flower Bath, Conclude your journey with a revitalizing Herbal Tea, leaving you with memories to cherish.

Treatment: Foot Bath Ritual, Balinese Massage, Body Exfoliation, Traditional Facial, Flower Bath, and concluding with a refreshing serving of Herbal Tea

**1.750 M++** per person  
150 minutes

“ Include your spa journey with our specially curated healthy food and beverage package, available for an additional charge of 160K++ As a token of our gratitude, enjoy our exclusive gift, specially prepared for you.. ”



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